



Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Eat what is good, and delight yourselves in rich food. *Isaiah 55:2*

### Weekly Church Services

#### Batemans Bay

**8.00am** Holy Communion

**10.00am** Holy Communion

**2.30pm** 2 EARFM Broadcast

**6.30pm** Worship

**Thursday: 10am** Holy Communion

#### Readings:

Psalm 51:1-12 (Page 452)

Ephesians 4:1-16 (Page 951)

John 6:24-35 (Page 867)

#### Readings:

**Monday:** Psalm 119:81-88; Matthew 14:13-21

**Tuesday:** Psalm 102:23-38; Matthew 14:22-36

**Wednesday:** Psalm 72:15-21; Matthew 15:21-28

**Thursday:** Psalm 51:15-19; Matthew 16:13-23

**Friday:** Psalm 106:49-50; Matthew 16:24-28

**Saturday:** Psalm 9:9-14; Matthew 17:14-20

**Sunday:** Psalm 130; Ephesians 4:17-5:2;

John 6:35-51

Living God, whose Son Jesus fed the hungry with the bread of his life and the word of his kingdom: renew your people with your heavenly grace, and in all our weakness sustain us with your true and living bread, Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

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#### DIRECT DEPOSIT:

**Anglican Investment & Development Fund. BSB: 702389 Account: 05202562 Ref: AnglicanBBay2562**

**CHURCH:** The office is open Wednesday and Thursday 9am to 1pm, and Friday 9am to 3pm.

#### PARISH CONTACTS:

**RECTOR:** Doug Newman 0428907200 [drnewman1956@gmail.com](mailto:drnewman1956@gmail.com)

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**WEBSITE:** <https://www.anglicanchurchbbay.org.au/>

**FACEBOOK:** <https://www.facebook.com/batemansbayanglican/>

**ANGLICAN NEWS:**

**2024:** Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

**HOUSEKEEPING:** Books are available for worship –they remain in the back of the pews. The Common Cup is available for our Communion Worship. We offer individual cups for those who do not wish to use the Common Cup. COVID and Flu– please sanitize your hands and be mindful of each other’s space.

**BBECET:** Prayer meeting will be held on Monday 5<sup>th</sup> August at 5 pm in the Anglican Church hall. Pray for the BBECET Board as they meet following the prayer meeting.

**LADIES MORNING TEA:** Monday 5<sup>th</sup> August at Maloney’s Beach Café at 10.30am.

**FUNERAL:** For Wilma McKeown at 2pm on Tuesday 6 August at church.

**GLEAN:** Wednesday 07<sup>th</sup> August 1.30pm in the Hall.

**GOOD MENTAL HEALTH ART CLASSES FOR WOMEN:** Thursday 8<sup>th</sup> August, 12.30 to 2.30.

**HOPE 25 CONFERENCE:** Between Easter and Pentecost next year Anglicans across Australia will be sharing the hope we have through Jesus under the banner of Hope25 ([www.hope25.com.au](http://www.hope25.com.au)). There will be a Conference at the Cathedral in Goulburn on Sharing Hope in an Uncertain World to encourage us to prepare for 2025. The conference is on Saturday 17 August 10am -4pm. The Conference speaker is Glen Scrivener. Registration: : <https://forms.gle/pvJJDfgehaTX6FE18> Please let Doug know if you would like to attend.

**PRAYER/THANKS:**

- Please pray for Judy Walters (Helen Burrows sister) as she has upcoming heart surgery on the 9<sup>th</sup> August.
- Please pray for the teachers in our area, they are facing a lot of struggles, illnesses, and burn outs. Our children are suffering as well. Pray for more teachers and healing. This is a world-wide situation not only here.
- THANK YOU: To all my church family, thank you so much for your prayers, love, and kindness over the last months. Your love and prayers were felt and most definitely appreciated. Rob and Joy Williams.

**PASTORAL CARE & PRAYER:** For support ring Elizabeth Dean 44724330.

Please take time to read our prayer list and ask God for one or two people on it to pray for, not necessarily people you know: Phillipa Shepherd, Veronica Newson, Dora Coma, Harry Lewis, Wendy and Chris Berger, Jay Stewart, Helen Plumb, Marina Vander-Burgh, Iain Ritchie, Rodney Hay, Susan Dean, Robin Hay, Rebecca Coughran, Bob Day, Annette Stewart, Judy Stewart, Tommy King, Jonathon and Leticia, Lisa Brookes, Chris Black, Ruby Brown, Jane Wilkinson, Susan Bateman, Richard Austin, Eric Strachan, John Wilkinson, Marjorie Duns, Ken Ormston, Katrina Nicolls, Kerry-Lee Smith, Judy and Jane Chapman, Amanda Lloyd, Matais Harpley, Alisha & Jess, Ken Griffiths, Lyn Hughes, Harold.

**Bible Study: Read Ephesians 4: 1 – 16. What does Paul say are the characteristics of living a life worthy of the Lord? How does Paul describe the unity of the church? What baptism do you think Paul is referring to?** Be humble, gentle, patient, forbearing, peaceful and loving towards others – emulate the nature of Christ. There is only one Christ – and by being in Christ our unity is characterised by our hope in One Spirit, One Lord, one faith, one baptism, one God and father of all – and we experience and know this by grace. Paul is most likely speaking here of water baptism - the baptism of repentance and which is a visible and outward sign of what binds us together inwardly and spiritually.

**Each one of us is a rescued captive – see psalm 68:18, this looks at the ascending/ descending text. God has given us each gifts by grace – what do these gifts enable us to do and what is the ultimate purpose they serve?** God gives to each of us a calling that reveals itself in an identity and purpose – as an Apostle, an evangelist, a teacher and pastor or as a prophet. All of these callings are a giftedness to serve God’s people in a specific way. Note most mature Christians exhibit skills and gifts in more than one calling but tend to major in only one or two. Ultimately these gifts are given by God to build us up so that we can reflect and encourage others to see God.

**Paul indicates that the church should be in unity within each congregation and across the breadth of the church. Reflect on verse 14 and the current state of the body of Christ in the world – what is required that the disparate parts of the body come together as one? Was this evident or even possible in Paul’s time?**

The church, since its inception, has struggled to fully and with an obvious intent be focused on Jesus and unified by his spirit, Our human agendas get in the way, as does our desire to be kings (and tell the world how to live and govern itself and creation) rather than priest who serve God and reveal him to others so that they also might serve him. Now we have multiple. and it seems ever increasing numbers, of denominations and the Anglican Communion is so fractured, yet not quite split, that it appears easier for some Anglicans to have fellowship with other denominations than between the various armed camps within our church. We are tossed backwards and forwards by all manner of temporal ideologies and cultural mores and are unwilling to submit everything to Christ. God must weep! The solution to church division that Paul envisages is for all churches and all Christians to willingly place themselves under Christ – but the evidence of his own letters is that this level of humility was not possible in the early church and is clearly not possible now.

#### **Sunday 4 August**

**Traditional:** Glory Be to God The Father [Glory Be To God The Father \(youtube.com\)](https://www.youtube.com/watch?v=kXHXFhJA4SY)

**Contemporary:** Before the Throne of God Above <https://www.youtube.com/watch?v=kXHXFhJA4SY>

**Reading: Ephesians 4:1-16.** As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. <sup>2</sup> Be completely humble and gentle; be patient, bearing with one another in love. <sup>3</sup> Make every effort to keep the unity of the Spirit through the bond of peace. <sup>4</sup> There is one body and one Spirit, just as you were called to one hope when you were called; <sup>5</sup> one Lord, one faith, one baptism; <sup>6</sup> one God and Father of all, who is over all and through all and in all. <sup>7</sup> But to each one of us grace has been given as Christ apportioned it. <sup>8</sup> This is why it says: “When he ascended on high, he took many captives and gave gifts to his people.” <sup>9</sup> (What does “he ascended” mean except that he also descended to the lower, earthly regions? <sup>10</sup> He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) <sup>11</sup> So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, <sup>12</sup> to equip his people for works of service, so that the body of Christ may be built up <sup>13</sup> until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. <sup>14</sup> Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. <sup>15</sup> Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. <sup>16</sup> From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

**Thoughts:** Much of what we have seen in the world of late draws our attention to, and elevates, the individual above all else – think Olympics. The Olympics is indeed an exemplar of the worship and rejoicing in excellence in individual performance at an elite level, even when that performance is in a group activity. In many ways this can be a good thing – we should celebrate the achievements of athletes who have personally sacrificed much to achieve these goals. However, we should not worship individual prowess or make sport into an idol. Our tendency to do this reflects an unhealthy trend in our culture towards fragmentation and away from social cohesion, from seeing our achievements in the light of God’s giftedness and our skills as something given to us to build up our community. Paul is dealing with the challenges in Ephesus of offering a witness to the prevailing culture of a vision for living a life that is better for the community – how to live well and how to point others to God. Paul calls us to a life that is coherent and cohesive, and which together

points to how to live a moral life. Paul says that what brings this cohesion is Christ, and specifically belief in Christ's ability to save us spiritually and draw us into himself. This is expressed in a common shared belief – life is found in one faith, one baptism, one hope, one spirit, one Lord and one God, our father. All in all – it comes to us in Christ and as a gift.

**Prayers.** Gracious God, you have placed within the hearts of all your children a longing for your word and a hunger for your truth: grant that, believing in the one whom you have sent, we may know him to be the true bread of heaven and the food of eternal life, Jesus Christ our Lord, to whom with you and the Holy Spirit be glory and honour for ever and ever. Lord have mercy on our land. Help us to have hope and to persevere in these days that we may stand as a light in the darkness for those without a saving hope in you. Give to each church the gifts and the courage required to stand in the gap and pray. Keep us safe in times of storm and give your pastors resilience, your prophets true inspiration, your teachers clarity and your leaders true wisdom. Jesus, fill us with your heart of compassion for those in need, for the widow, the orphan, the homeless and the lost that we who have much may extend our hand to those who have a need to know you. Sustain our prayers by your Spirit and our love by your hand.

**Our Father in heaven, hallowed be your name. Your kingdom come, Your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen**

**Traditional:** Stand Up, Stand Up for Jesus [Stand Up, Stand Up for Jesus \(11 am, webstream\) \(youtube.com\)](https://www.youtube.com/watch?v=ljlsOQ269I4)

**Contemporary:** In Christ Alone <https://www.youtube.com/watch?v=ljlsOQ269I4>

**Blessing** The peace of God which passes all understanding keep our hearts and minds in the knowledge and love of God and of his son Jesus Christ our Lord, and may the blessing of God the father, God the son and God the Holy Spirit be upon you and remain with you now and forever. **Shalom**

**Bible Study: Read John 6: 35 – 51. Jesus makes four “I am “ statements – what do they tell us about Jesus and God? What promises are attached to these statements?**

**Why has Jesus come down to earth?**

**What is the bread that Jesus offers?**

**Why are the Jews grumbling?**