

## **Ephesians 5:1-2**

Therefore be imitators of God as dear children. And walk in love, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma.



**Simple Truths To Live By**

## **Weekly Church Services**

**Nelligen: 8.00am** Holy Communion

**Batemans Bay**

**8.00am** Holy Communion

**10.00am** Holy Communion

**2.30pm** 2 EARFM Broadcast

**6.30pm** Soaking

**Thursday: 10am** Holy Communion

**Readings:**

1Kings 19:3-9 (Page 284)

Psalm 130 (Page 500)

Ephesians 4:17-5:2 (Page 951)

John 6:35-51 (Page 868)

### **Readings:**

**Monday:** Psalm 148:1-6; Matthew 17:22-27

**Tuesday:** Psalm 119:97-104; Matthew 18:1-14

**Wednesday:** Psalm 113; Matthew 18:15-20

**Thursday:** Psalm 78:55-63; Matthew 18:21-19:1

**Friday:** A Song of Isaiah; Matthew 19:3-12

**Saturday:** Psalm 51:10-14; Matthew 19:13-15

**Sunday:** Psalm 111; Ephesians 5:11-21;

John 6:51-58

Grant, O Lord, that we may see in you the fulfilment of all our need, and may turn from every false satisfaction to feed on the true and living bread that you have given us in Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

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### **DIRECT DEPOSIT:**

**Anglican Investment & Development Fund. BSB: 702389 Account: 05202562 Ref: AnglicanBBay2562**

**CHURCH:** The office is open Wednesday and Thursday 9am to 1pm, and Friday 9am to 3pm.

### **PARISH CONTACTS:**

**RECTOR:** Doug Newman 0428907200 [drnewman1956@gmail.com](mailto:drnewman1956@gmail.com)

**CHAIR:** Dennis Hughes 0410915409

**WARDENS:** John Ulph 0411242588 Liz Maidla 44781128 Tony Henderson 0422099889

**OFFICE:** Gayleane Overy 0411091125

**WEBSITE:** <https://www.anglicanchurchbbay.org.au/>

**FACEBOOK:** <https://www.facebook.com/batemansbayanglican/>

**ANGLICAN NEWS:**

**2024:** Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

**HOUSEKEEPING:** Books are available for worship –they remain in the back of the pews. The Common Cup is available for our Communion Worship. We offer individual cups for those who do not wish to use the Common Cup. COVID and Flu– please sanitize your hands and be mindful of each other’s space.

**GOOD MENTAL HEALTH ART CLASSES FOR WOMEN:** Thursday 15<sup>th</sup> August, 12.30 to 2.30.

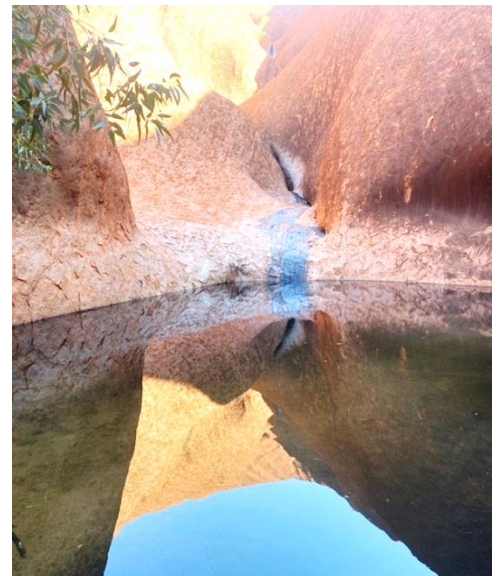
**HOPE 25 CONFERENCE:** Between Easter and Pentecost next year Anglicans across Australia will be sharing the hope we have through Jesus under the banner of Hope25 ([www.hope25.com.au](http://www.hope25.com.au)). There will be a Conference at the Cathedral in Goulburn on Sharing Hope in an Uncertain World to encourage us to prepare for 2025. The conference is on Saturday 17 August 10am -4pm. The Conference speaker is Glen Scrivener. Registration: : <https://forms.gle/pvJJDfgehaTX6FE18> Please let Doug know if you would like to attend.

**SCRIPTURE UNION:** National Prayer Day – Wednesday 4<sup>th</sup> September. You can join in the live stream - [https://brushfire.com/sua/prayconnectonline24/581885?utm\\_source=SFMC&utm\\_medium=Email&utm\\_campaign=SU+Australia+National+Prayer+Day+Regos+Open&utm\\_content=SU+Australia+National+Prayer+Day+Regos+Open\\_1913977&utm\\_term=https%3a%2f%2fbrushfire.com%2fsua%2fprayconnectonline24%2f581885](https://brushfire.com/sua/prayconnectonline24/581885?utm_source=SFMC&utm_medium=Email&utm_campaign=SU+Australia+National+Prayer+Day+Regos+Open&utm_content=SU+Australia+National+Prayer+Day+Regos+Open_1913977&utm_term=https%3a%2f%2fbrushfire.com%2fsua%2fprayconnectonline24%2f581885) by registering here and details will be sent to you. If you don’t want to or can’t participate then please keep praying for SU and the SRE Teachers.

**PRAYER/THANKS:**

- Please pray for the teachers in our area, they are facing a lot of struggles, illnesses, and burn outs. Our children are suffering as well. Pray for more teachers and healing. This is a world-wide situation not only here.
- Please continue to pray for the appointment of a chaplain at Batemans Bay High School. Candidates may be being vetted and interviewed at this time before SU will work with the school on the final selection process.
- Lorraine Petzl and family wish to sincerely thank everyone for their ongoing words of comfort and hugs, they appreciate that many will be there for them for the journey ahead.

**BCA:** Next month is BCA month. Rodney Plumb is currently on a Christian Fellowship Tour in conjunction with BCA, he sent the following pictures.



Picture one is a sculpture in the desert at Broken Hill, and the second is of Uluru with a waterfall and pond.

From the Owen Family:

- We give thanks for an encouraging time back in NSW which included the BCA Conference. Please pray that the refreshment and encouragement will continue in our Ministry at Cloncurry and Julia Creek. Pray that God will help us put into practice what we learnt at the Conference.
- Pray for Grace & Esther who are boldly reading the Bible with their friends at school now during lunch breaks which is leading to much fruit.
- Pray for Cloncurry:
  - Weekly services at Cloncurry as we look through the book of Ephesians.
  - Pray that those that have been absent from Church (due to mustering and health complications) will be continued to be held by God, and will return to fellowship soon.
  - Pray for our regular ministries: Tuesday night prayer gathering; Wednesday Soccer coaching; Friday school pancakes; Mainly Music & State School RI (Fridays); Youth Group (Monthly); Bible Studies; and 1-1 Ministry.
  - Please pray for Angela as she starts a Saturday Women's Bible Study (monthly) this weekend. Many women will travel from town and stations near Julia Creek.
  - Pray for a Church BBQ & kids afternoon we plan to do on Saturday 18<sup>th</sup> August.
  - We give thanks for our Youth Group; we had no children for 20 minutes then 17 turned up.
- Pray for Julia Creek:
  - Continue to pray for our monthly service, we had a new lady, and her two children join us, please pray for them.
  - Pray for RI which happens twice a term.
  - We plan to spend a week at Julia Creek in the next school holidays doing ministry, including a possible kids' club, pastoral visits and evangelism.

**PASTORAL CARE & PRAYER:** For support ring Elizabeth Dean 44724330.

Please take time to read our prayer list and ask God for one or two people on it to pray for, not necessarily people you know: Phillipa Shepherd, Veronica Newson, Dora Coma, Harry Lewis, Wendy and Chris Berger, Jay Stewart, Helen Plumb, Marina Vander-Burgh, Iain Ritchie, Rodney Hay, Susan Dean, Robin Hay, Rebecca Coughran, Bob Day, Annette Stewart, Judy Stewart, Tommy King, Jonathon and Leticia, Lisa Brookes, Chris Black, Ruby Brown, Jane Wilkinson, Susan Bateman, Richard Austin, Eric Strachan, John Wilkinson, Marjorie Duns, Ken Ormston, Katrina Nicolls, Kerry-Lee Smith, Judy and Jane Chapman, Amanda Lloyd, Matais Harpley, Alisha & Jess, Ken Griffiths, Lyn Hughes, Harold.

**Bible Study: John 6: 35 – 51. Jesus makes four “I am “ statements – what do they tell us about Jesus and God? What promises are attached to these statements?** I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. <sup>41</sup> “I am the bread that came down from heaven. <sup>48</sup> I am the bread of life. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.” All four statements have Jesus claiming to be the bread of life and in the chapters context of reference to Exodus this can be related to Jesus effectively saying I am the manna; indeed, he says more in that he says he is the true bread from heaven not the manna of their past. This bread: one meal of this bread satisfies our hunger forever (the Greek verb is Aorist – mean a perfect once for the action described) and what is more if we eat of Jesus we also drink of him (living water – a reference to Isaiah 55:1 and possibly Exodus 17:3); comes down from heaven and provides eternal life; Jesus points to this bread as being himself and that he will give his life for the world – this links us back to the first I am in verse 35 which contains the invitation to come to Jesus, to eat and to live. The promise here is to come to Jesus and find eternal life in Jesus.

**Why has Jesus come down to earth?** To provide life through the breaking of his own body as a sacrifice that will offer everyone who eats of his flesh (who corresponds to his call and enters into life through the salvation he offers). Jesus came to die that we might live and rose again to affirm for us that death was defeated, and that sin had been conquered (as it is sin that leads to death).

**What is the bread that Jesus offers?** The bread that Jesus offers is himself, his body broken upon the cross. The messiah achieves freedom and liberation for captive Israel, and by extension to us, through the giving of himself to death for us.

**Why are the Jews grumbling?** The Jews are grumbling because of Jesus self-identification as the messiah, the one sent from heaven to save – they know he is the carpenter's son from Nazareth and they cannot comprehend the incarnation – their expectation of a Messiah is a great powerful King who will oust the Romans and overturn the Greek culture lead them to victory and prominence (i.e. power) over their neighbours – all enabled by the active but invisible supernatural power of Yahweh – think of Jehoshaphat defying the enemy or Jacob defeating Jericho. The message that they will find life in and through Jesus disappoints them – and like their ancestors in the desert they grumble and do not believe. They do not understand the grace of God – nor do they want grace they want power.

### **Sunday 11 August**

I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

**Traditional:** Amazing Grace [https://www.youtube.com/watch?v=LF\\_55-PE-Pw](https://www.youtube.com/watch?v=LF_55-PE-Pw)

**Contemporary:** Amazing Grace <https://www.youtube.com/watch?v=Jbe7OruLk8I>

**Reading John 6:35-51.** Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty." <sup>36</sup> But as I told you, you have seen me and still you do not believe. <sup>37</sup> All those the Father gives me will come to me, and whoever comes to me I will never drive away. <sup>38</sup> For I have come down from heaven not to do my will but to do the will of him who sent me. <sup>39</sup> And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. <sup>40</sup> For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day." <sup>41</sup> At this the Jews there began to grumble about him because he said, "I am the bread that came down from heaven." <sup>42</sup> They said, "Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I came down from heaven'?" <sup>43</sup> "Stop grumbling among yourselves," Jesus answered. <sup>44</sup> "No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. <sup>45</sup> It is written in the Prophets: 'They will all be taught by God.' Everyone who has heard the Father and learned from him comes to me. <sup>46</sup> No one has seen the Father except the one who is from God; only he has seen the Father. <sup>47</sup> Very truly I tell you, the one who believes has eternal life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate the manna in the wilderness, yet they died. <sup>50</sup> But here is the bread that comes down from heaven, which anyone may eat and not die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

**Reflection:** Bread of Life <https://www.youtube.com/watch?v=wGb5fZVnxdY>

**Thoughts:** We all have a tendency to grumble, to see the negative, not the faith opportunity present, in times of darkness and challenge. Truly we prefer comfort and certainty not another opportunity to exercise our faith and add to our store of testimonies. Me too! The challenge with experiencing the grace of God is that it is most apparent during the time of trial rather than in times of peace, plenty and abundance. Peace, plenty and abundance are a gift of God that we often take for granted rather than, as in the case of Joseph in Egypt, seeing them as a season of God's preparation and future proofing. Lean years follow good years and needs change as life cycles through! The Israelites grumbled in the wilderness because they learned that God was not at their beck and call, he wasn't bread on demand! He did not rescue them because they were a great and mighty nation, or even good and moral people, he rescued them and fed them in the desert because he chose them and raised them up as a nation to worship him and give testimony to his goodness. John tells us that the people grumble because they cannot see who Jesus really is – they know the carpenter's son, how can it be that God might raise him up to be special, how can he possibly raise others up? But that is what Jesus promises to do, and does by the cross, he raises us up. How does Jesus raise us up? Firstly, we are told that like the Israelites in the desert God draws us to Jesus and reveals him to us, this drawing takes place quietly and in the secret places of the heart – it draws us deeper into God until in our hunger we

accept the bread that Jesus offers – literally himself and we partake of him and live. Jesus then will lead us into new and everlasting life.

**Prayers.** O God of grace, our hearts are heavy, and our minds can barely keep up with the breaking news. So, we come to you with hearts heavy for all who suffer the sting of violence. We are shocked by the riots in England and Europe, the nation's burn while it seems that politics is failing, it reminds us of darker more dangerous times – O Lord hear our prayers and calm our fears. Be with the people of Ukraine, Russia, Sudan, Nigeria, Bangladesh, Israel, Gaza, Lebanon and all places of uncertain peace and incessant conflict. We do not know the words to pray for a broken world and all who are vulnerable in it and we cannot understand what tomorrow may bring. But we know that you are a God of grace and Shalom and so we cast out thoughts, cares and despairs before you and ask for you to search out hearts and draw out of us our inexpressible prayer. *Spend a moment or two in silent prayer.*

Lord Jesus, our Good Shepherd. Our trust is in you, grant us grace to give freely and consistently. Let no fears of this world keep us from reflecting your generosity. Let us trust that when we are generous, you will ensure that our needs are met. Lord let us to be a blessing and to boldly proclaim your blessing to our families and our community.

**Our Father in heaven, hallowed be your name. Your kingdom come, Your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen**

**Traditional:** A Mighty Fortress <https://www.youtube.com/watch?v=6h3Z-JXKK44>

**Contemporary:** My Lighthouse <https://www.youtube.com/watch?v=IFBZJGSgyVQ>

**Blessing** The peace of God which passes all understanding keep our hearts and minds in the knowledge and love of God and of his son Jesus Christ our Lord, and may the blessing of God the father, God the son and God the Holy Spirit be upon you and remain with you now and forever. **Shalom**

**Bible Study: Read John 6: 51 – 58** We started with the miracles of the feeding of the 5000 and Jesus walking on water – signs that revealed him as the son of God come down from heaven and pointed to his role as the life-giving bread of heaven. **Read the passage – what verse or phrase catches your attention. Note it and reflect silently on it for about a minute. If you are in a group share your phrase/ verse but don't discuss or comment on it. Read the verse again (preferably have someone else read it) - what catches your attention this time, reflect silently again. Share with each other.**

**Look at the words that God has revealed to the group, now you can share and comment on why / what the verse you heard resonates with you. See what God is revealing to you as a group. What do you think John intended his audience to hear from Jesus words? What is your feeling and response to this passage?**

**Reflection:** My Worth <https://www.youtube.com/watch?v=z63faLdn2Ts>